

## **ESSENTIAL JOB FUNCTIONS**

### **Commercial Vehicle Driving**

#### **Special Admission Requirements**

- Applicant must be at least 21 years of age (a requirement of most employers) and possess a valid Florida drivers license; if applicant is between 19-21 years of age, he/she will be required to show proof of employment prior to enrollment in the program. Proof of employment in the trucking industry must be a letter (on company letterhead) of intent to hire the individual.

#### **Health and Safety Requirements**

- Follow Federal regulations regarding commercial vehicle driving

#### **Mental Factors**

- Read and understand maps and calculate distances
- Calculate weight, time, measures of loads and destinations
- The ability to remain alert while driving for a continuous period of time up to 15 hours

#### **People Skills**

- Communicate with customers

#### **Physical Requirements**

- The ability to pass the Department of Transportation (DOT) physical exam
- The ability to perform frequent climbing, lifting, pulling, pushing, and carrying and handling of freight in a squatting position and above shoulder height with a weight of up to 75 pounds for distances up to 56 feet
- The ability to push freight weighing up to 200 pounds on a dolly or cart
- The ability to push freight weighing up to 100 pounds without a mechanical aid

#### **Technical Skills**

- The ability to shift manual transmission and operate foot pedals
- The ability to operate the CVD tractor-trailer

#### **Working Conditions**

- Traveling away from home for extended periods of time
- Extended periods of driving, lifting/moving freight in various climate conditions